



2024-25 Sick Day Guidelines: When Your Child Must Stay Home

If your child is staying home from school due to illness or personal reason, please update Pick Up Patrol by 8:00 AM that day. Please note any symptoms.

The following is a list of common illnesses that exclude a student from school:

- **Respiratory symptoms** - students should stay home and away from others when they have respiratory virus symptoms (fever, chills, fatigue, cough, runny nose, headache) that aren't better explained by another cause. Return to school when symptoms are improving and the student has been fever-free for 24 hours.
- **Confirmed COVID Positive** - Students will remain home until fever free for 24 hours and symptoms are improving. Masking is strongly recommended for 5 days from the onset of symptoms.
- **Fever** - Students are sent home with 100°F. Prior to returning to school, student must be fever free for 24 hours without the use of Tylenol/Advil.
- **Pink eye (conjunctivitis)** - Students are sent home with "pink eye". Students may return after treatment once eyes are clear (usually after treatment with medicated drops for 24 hrs)
- **Diarrhea or vomiting** - Students who vomit or have diarrhea in school are sent home. Students may return to school when symptom-free for 24 hours. *If symptoms continue beyond a few days or if the child is listless/sluggish, contact your doctor.*
- **Common Cold** - Students are sent home when symptoms are severe (i.e. severe cough, excessive nasal flow, tight congestion, etc.) Students may return when symptoms are minor.
- **Strep throat** - Antibiotics must begin 24 hours along with relief of symptoms prior to returning to school. A sore throat accompanying a stomach ache could indicate strep. Watch for fever, swollen neck glands, diarrhea and/or pain.
- **Skin infections (Staph, Impetigo, Ringworm, and Scabies)** - Students with suspicious skin rashes are sent home for doctor evaluation. Students may return to school with a doctor's note once evaluated and treated.
- **Poison Ivy** - Students with poison ivy are not excluded from school. If it covers a large area of body, the nurse will encourage a doctor evaluation/treatment.
- **Chicken pox** - Students may return to school when crusts are dry and the child is fever free, usually 7-9 days.
- **Pediculosis (Head Lice)** - Students with head lice will be referred for treatment. A student may return to school when: (1) there are no active lice in the hair, (2) proof of treatment has been provided, and (3) all dead/live lice are removed from the hair. The student must be checked by the school nurse before returning to the classroom. Emphasis will be placed on confidentiality.

A RETURN-TO-SCHOOL CLEARANCE NOTE FROM YOUR DOCTOR IS REQUIRED FOR ANY CONTAGIOUS DISEASE, INCLUDING PINK EYE AND RASHES.